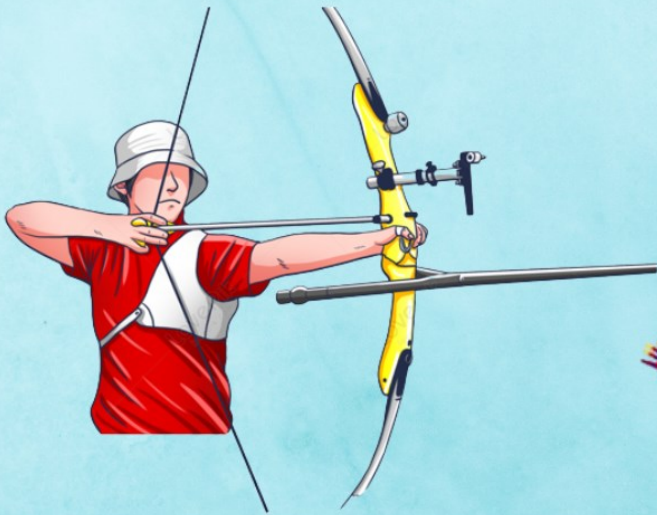




G.S.COLLEGE OF COMMERCE & ECONOMICS, NAGPUR (AUTONOMOUS)

DEPARTMENT OF PHYSICAL EDUCATION

ANNUAL REPORT : 2019-20



↓ ACHIEVEMENTS:

❖ COLOUR HOLDERS

09 college players got selected in Rashtrasant Tukdoji Maharaj Nagpur University Teams with flying colours. Following are the details:

➤ ARCHERY:

- Tina S. Menghar, M.Com.II(E)
- Sandhya D.Sharma, B.Com.III(E1)
- Diva N.Kishore, B.Com.III(E1)
- Rahul R.Prasad, B.Com.II(E1)
- Manish S.Bisen, B.Com.II(E2)

All the above students have been selected in Rashtrasant Tukdoji Maharaj Nagpur University Archery team and participated in All India Inter University Archery Championship held at

Bhubaneswar organized By K.I.I.T. Deemed University.

➤ BALL BADMINTON:

- Vinesh R. Lilhare of M.Com.II(H) and Om P. Zade of B.Com.I(E1) have been selected in Rashtrasant Tukdoji Maharaj Nagpur University Ball Badminton team and participated in All India Inter University Ball Badminton Championship held at Manglore, organized by Manglore University, conducted by ALVA'S College, Moodbidri.
- Ankita R. Rathod of B.B.A.III has been selected in Rashtrasant Tukdoji Maharaj Nagpur University Ball Badminton team and participated in All India Inter University Ball Badminton Championship held at Vishakhapatnam organized by Andhra University.

➤ YOGASANA:

- Sujata V. Gupta, B.Com.II(E1) has been selected in Rashtrasant Tukdoji Maharaj Nagpur University Yogasana team and participated in All India Inter University Yogasana Championship held at Nuzvid organized by Rajiv Gandhi University of Knowledge and Technologies

❖ RASHTRASANT TUKDOJI MAHARAJ NAGPUR UNIVERSITY INTER-COLLEGIATE TOURNAMENTS:

➤ BADMINTON:

Bhakti Dahasahasra, M.Com.II(E) of 2018-19 batch was the member of RTMNU Badminton team. The team had secured first place at West Zone Badminton Tournament, 2018-19. As a token of appreciation, she with her RTMNU team members, received cash prize of Rs.5,000/- from Rashtrasant Tukdoji Maharaj Nagpur University.

➤ ARCHERY :

- Diva N. Kishore of B.Com.III(E1) secured TOP position among all the women participants in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Archery Tournament held at Shivaji Stadium, Bhandara.
- Rahul R. Prasad of B.Com.II(E1) secured TOP position among all the men participants in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Archery Tournament held at Shivaji Stadium, Bhandara.

➤ BALL BADMINTON:

• WINNER-FIRST PLACE(Boys)

College Ball Badminton Boys team secured FIRST PLACE in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Ball Badminton Championship, 2019-20 held at Bajaj College of Science, Wardha.

Following are the names of Winning team members:

- | | |
|----------------------------------|-------------------------------------|
| 1. Vinesh R. Lilhare-M.Com.II(H) | 6. Saurabh P. Selore-M.Com.II(M) |
| 2. Sarang P. Bhoyar-M.Com.II(E) | 7. Sanchit S. Gadling-M.Com.I(E) |
| 3. Suraj S. Yadav-B.Com.II(E3) | 8. Rohit B. Sahare-B.Com.I(E1) |
| 4. Mukesh H. Sharma-B.C.C.A.III | 9. Gulshan E. Ambolikar-B.Com.I(E1) |
| 5. Om P. Zade-B.Com.I(E1) | 10. Vishal D. Meshram- B.Com.I(E1) |

● SECOND RUNNER-UP(Girls)

College Ball Badminton Girls team secured **SECOND RUNNER-UP** position in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Ball Badminton Championship, 2019-20 held at Bajaj College of Science, Wardha.

Following are the names of team members:

- | | |
|-----------------------------------|-------------------------------------|
| 1. Madhur B. Mishra-M.Com.II(E) | 5. Ankita R. Rathod-B.B.A. III |
| 2. Gunjan A. Tiwari-. M.Com.II(E) | 6. Meenakshi V. Mogre- B.Com.II(E2) |
| 3. Arti S. Verma- M.Com.II(E) | |
| 4. Shivani C. Fule-M.Com. II(E) | |

➤ YOGASANA:

● SECOND RUNNER-UP(Girls)

College Yogasana Girls teams secured **SECOND RUNNER-UP** position in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Yogasana Tournament, 2019-20 held at D.N.C. College, Nagpur

Following are the names of team members:

- | | |
|-------------------------------------|-------------------------------------|
| 1. Lakshmi S. Pardhi-B.Com.II(E2) | 4. Nargis Z. Sheikh- B.Com.II(E2) |
| 2. Gayatri K. Sharma- B.Com.III(E1) | 5. Sujata V. Gupta- B.Com.II(E1) |
| 3. Anjali V. Thakur-B.Com.III(H) | 6. Shrishty R. Mishra- B.Com.II(E2) |

❖ SHIKSHA MANDAL SPORTS TOURNAMENT:

College staff and students participated in Shiksha Mandals' Sports Tournament, 2019-20 held at Bajaj College of Science, Wardha between 07th to 09th February 2020.

Following are the achievements:

- Boys: Ball Badminton-Winner
Badminton-Winner
Volleyball-Runner
- Girls: Ball Badminton-Winner
- Staff(Mix): Ball Badminton-Winner
Table-Tennis-Winner
Volleyball-Runner
- Staff(Women): Badminton-Winner

Sr. No.	Name of The Trophy	Staff
1.	General Championship	Winner

✚ DEPARTMENT ACTIVITIES:

➤ **INTERNATIONAL YOGA DAY:** The Fifth International Yoga Day was observed on 21st June 2019 at Bajaj Bhavan, Nagpur. On this occasion, Mr. Ravi Ramteke with his team comprising of a National yoga player Master Shubham Thawkar were invited. Mr. Ravi explained various Asanas while Shubham demonstrated the same. He also elaborated various pranayamas. All the staff members and students followed the instructions and performed various asanas and pranayamas. On this occasion Principal Dr. N.Y. Khandait gave motivational and inspirational speech on Yoga. He appreciated the efforts of one and all for the active participation and successful conduct of programme. IQAC co-ordinator Shri P.J. Yadao, N.S.S. incharge Dr. A.B. Patle, encouraged the students by their presence. Sports Director Dr. A.H. Sakalkale compered the programme while Prof. Ashutosh Tiwari proposed vote of thanks. About 150 teaching and non-teaching staff members, players and N.S.S., N.C.C. students of the college performed Yogic Asanas to make the programme a grand success.

➤ **NATIONAL SPORTS DAY:** Department celebrated **NATIONAL SPORTS DAY** on 29th August 2019. On this occasion, a Guest lecture of Dr. Aterah Tahoor was organized. Her topic was "Physiological Effects of Exercises". Few videos and clippings of Major Dhyan Chand were shown to the audience during the programme. Students: Madhur Mishra, Shivani Fule, Ashwini Joshi

and Prince Kumar conducted the programme and quiz while Rahul Prasad and Amar Awasthi highlighted the achievements of Major Dhyanchand.

On this occasion, Principal Dr. N. Y. Khandait offered garland and paid tribute to Major Dhyanchand. Mr. P.J.Yadao, IQAC Co-ordinator, Sports committee members, college staff and students were present on this occasion. 130 students were present and Dr. A. H. Sakalkale, Prof. A.J.Tiwari, Directors, Department of physical education worked hard for the success of programme.

➤ **INTER-CLASS COMPETITIONS:** Inter-class competitions were conducted by the Department. Following is the Gamewise list of winners and runners :

Games	Winners	Runner-up	Second Runner-up
Volleyball (Boys)	B.Com.II(H)	B.Com.II(E3)	B.C.C.A.II
Volleyball (Girls)	B.B.A.III	B.Com.III(E1)	B.Com.II(E3)
Tennikoit (Boys)	B.Com.II(E3)	M.Com.II(E)	B.Com.I(E1)
Tennikoit (Girls)	B.Com.I(H)	M.Com.II(E)	B.Com.III(E1)
Tug-Of-War (Boys)	M.Com.II(M)	M.Com.II(E)	B.Com.III(M)
Tug-Of-War (Girls)	B.Com.II(E3)	M.Com.I(E)	B.B.A.II
Throwball (Girls)	B.C.C.A.II	B.Com.II(E3)	M.Com.I(E)

➤ **PHYSICAL EFFICIENCY TEST & MEDICAL EXAMINATION :** Physical Efficiency Test and Medical Examination were conducted as per schedule.

COLOUR HOLDERS, 2019-20



Ms. Tina S. Menghar
M.Com. II (E)
Selected in R.T.M.N.U.
Archery Team



Ms. Sandhya D. Sharma
B.Com. III (E1)
Selected in R.T.M.N.U.
Archery Team



Ms. Diva N. Kishore
B.Com. III (E1)
Selected in R.T.M.N.U.
Archery Team



Mr. Rahul R. Prasad
B.Com. II (E1)
Selected in R.T.M.N.U.
Archery Team

COLOUR HOLDERS, 2019-20



Mr. Manish S. Bisen
B.Com. II (E2)
Selected in R.T.M.N.U.
Archery Team



Mr. Vinesh R. Lilhare
M.Com.II (H)
Selected in R.T.M.N.U.
Ball Badminton Team



Mr. Om P. Zade
B.Com.I(E1)
Selected in R.T.M.N.U.
Ball Badminton Team



Ms. Ankita R. Rathod
B.B.A.III
Selected in R.T.M.N.U.
Ball Badminton Team



Ms. Sujata V. Gupta
B.Com.II(E1)
Selected in R.T.M.N.U.
Yogasana Team



Bhakti Dahasahasra,M.Com.IV sem (E),
received cash prize of Rs.5,000/-from
R.T.M.N.U.for being secured first place at
West Zone Badminton Tournament,
2018-19

**Rashtrasant Tukadoji Maharaj Nagpur University Inter-Collegiate Ball
Badminton Boys Team– First Place: 2019-20**



**Rashtrasant Tukadoji Maharaj Nagpur University Inter-Collegiate Ball
Badminton Girls Team– Second Runner-up: 2019-20**



**Rashtrasant Tukadoji Maharaj Nagpur University Inter-Collegiate
Yogasana Girls Team- Third Position: 2019-20**



Department Activities:

Observation of “**INTERNATIONAL YOGA DAY**” on 21st June 2019



Celebration of **NATIONAL SPORTS DAY** on 29th August 2019



Volleyball (Boys) Inter-class Final competition



Tennikoit (Boys) Inter-class competition



Tug-of-war (Boys) Inter-class Final competition



Volleyball (Girls) Inter-class Final competition



Throwball (Girls) Inter-class Final competition



Tennikoit (Girls) Inter-class Final competition



Tug-of-war (Girls) Inter-class Final competition

