



# **G.S.COLLEGE OF COMMERCE & ECONOMICS, NAGPUR (AUTONOMOUS)**

## **DEPARTMENT OF PHYSICAL EDUCATION**

### **ANNUAL REPORT : 2020-21**





As the college was not started in offline mode for students due to COVID-19 pandemic, no sports competitions were held during this year. But the department conducted some online activities for the players mentioned as under:

#### ❖ DEPARTMENT ACTIVITIES:

➤ **INTERNATIONAL YOGA DAY:** The Sixth International Yoga Day was observed on 21<sup>st</sup> June 2020 on online mode through Zoom Meeting due to COVID-19 pandemic. On this occasion, Mr. Ravi Ramteke, (Qualified UGC NET in Yog) was invited to deliver an online lecture on “Yog during COVID-19 pandemic”.

Mr. Ravi Ramteke from his home, started his lecture with mild warm up exercises which were followed by all the staff members and students through online mode. He explained and performed various Asanas. He also elaborated various pranayamas that would be beneficial during COVID-19 pandemic. All the staff members and students followed his instructions keenly and performed various asanas and pranayamas staying connected though online Zoom Meeting.

Principal Dr. N.Y. Khandait appreciated the efforts of one and all for the active online participation and successful conduct of the programme. IQAC co-ordinator Mr. P.J.Yadao, N.S.S. incharge Dr. A.B.Patle, encouraged the students by their online participation & presence. Sports Director Prof. Ashutosh Tiwari compered the programme while Dr. A.H.Sakalkale proposed vote of thanks. About 100 teaching and non-teaching staff members, players and N.S.S., N.C.C. students of the college performed online Yogic Asanas to make the programme a grand success.

➤ **NATIONAL SPORTS DAY:** Department of Physical Education of G. S. College of Commerce & Economics, Nagpur celebrated **NATIONAL SPORTS DAY** on 29<sup>th</sup> August 2020. Due to COVID-19 pandemic, “Virtual Online Sports Quiz” was conducted for the students. Various sports quiz were designed like Archery, Ball Badminton, Cricket, Volleyball, Yogasana and General Sports Quiz. Players and NCC cadets joined the quiz through “Zoom Meeting” and played the quiz through “Mentimeter Application”. Default (In-built) Points system of Mentimeter application was taken to calculate the points of quiz winners. In this default points system, the players who register their answers in lesser time would get maximum points. Total 67 students took part and participated in the quiz through online mode.

The winners were:

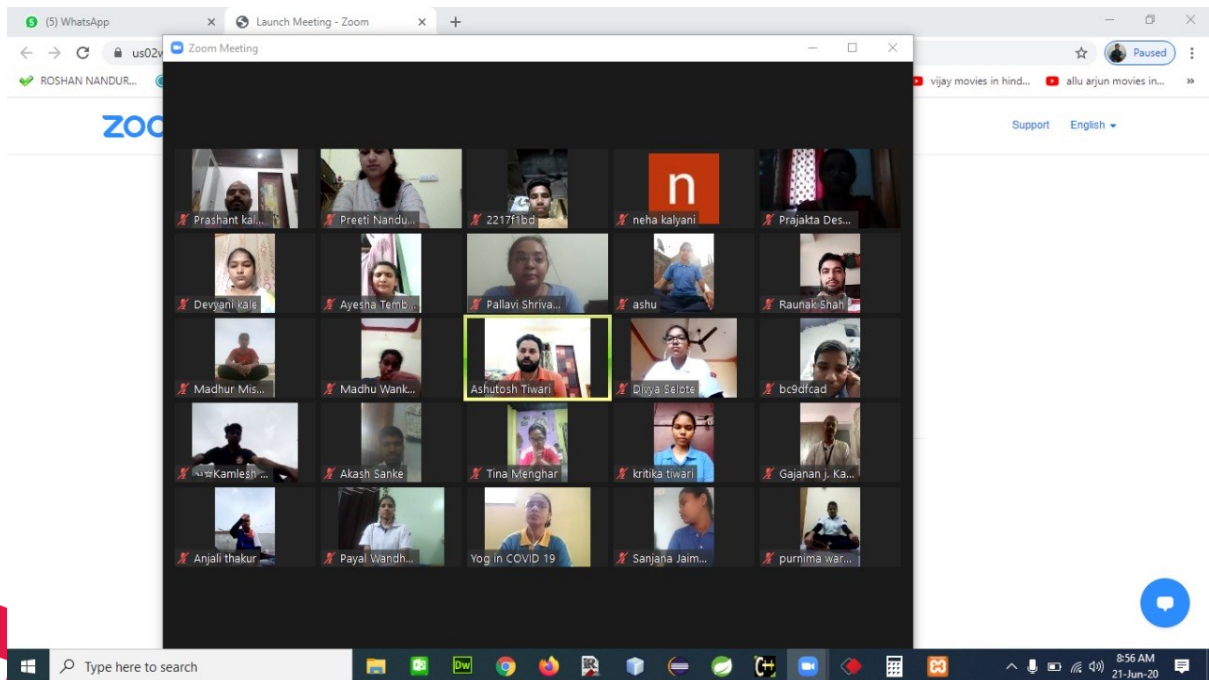
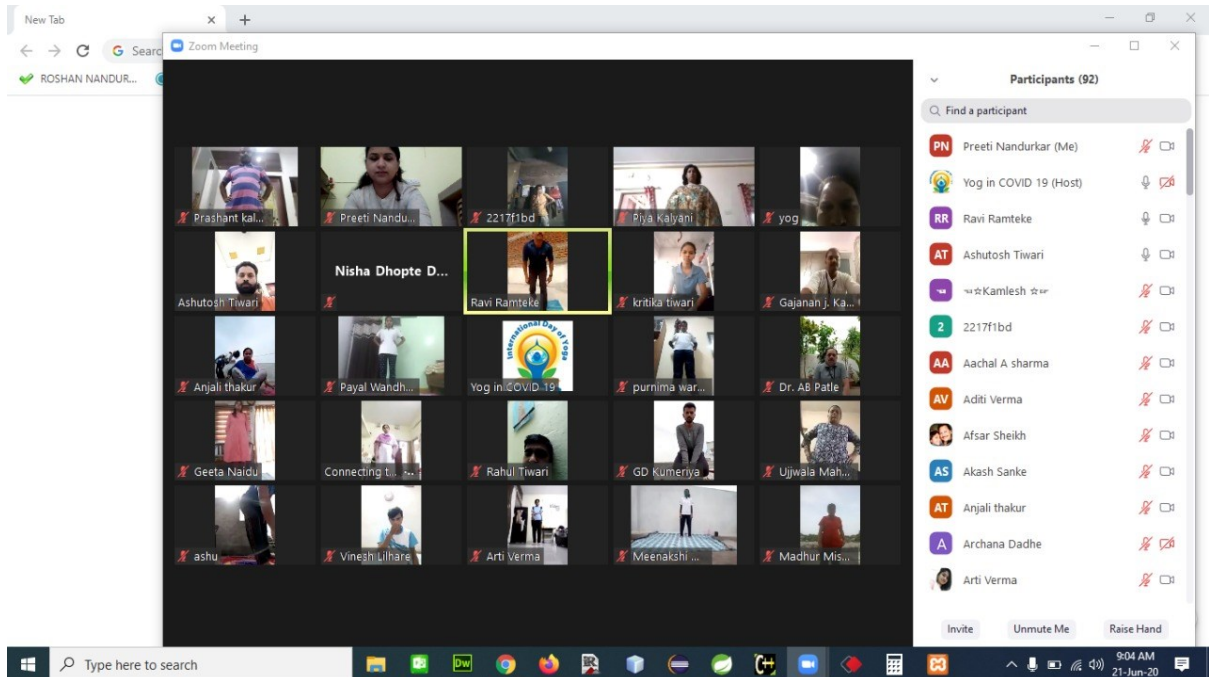
1. Archery: Tina Menghar of M.Com.II-E won the quiz with 7511 points.
2. Ball Badminton: Gulshan Ambolikar of B.Com.I-E1 won the quiz with 8119 points.
3. Cricket: Sagar Raut of B.Com.III-E1 won the quiz with 4763 points.
4. Volleyball: Ram Zade of B.Com.I-E1 won the quiz with 4606 points.
5. Yogasana: Sunil Sonawane of M.Com.II-E won the quiz with 7651 points.
6. General Sports Quiz: Prince Kumar of M.Com.II-E1 won the quiz with 7081 points.
7. Sports Quiz Overall winner: Prince Kumar of M.Com.II-E1 declared the Overall winner with 14547 points. These points were the total of first three winners in all 6 quizzes.

Before the start of the quiz, Sports committee members offered garland and paid tribute to Major Dhyanchand. The quiz timings were from 07.45 a.m. to 09.30 a.m. Sports committee member Prof. A.S. Jain handled the technical part and Dr. A. H. Sakalkale, Prof. A.J.Tiwari, Directors, Department of physical education conducted the quiz through Zoom Meeting and Mentimeter app.

Principal Dr. N.Y. Khandait appreciated this unique effort of Online Live Quiz Competition and congratulated the winners and directors for successful conduct of the programme.

The department was not able to conduct other activities like Interclass, Physical Test and Medical examination for students due to non-opening of offline college for students.

## Observation of International Yoga Day - Online lecture on “Yog during COVID-19 pandemic”



## Celebration of National Sports Day - “Virtual Online Sports Quiz”

