



# **G.S.COLLEGE OF COMMERCE & ECONOMICS, NAGPUR (AUTONOMOUS)**

## **DEPARTMENT OF PHYSICAL EDUCATION**

### **ANNUAL REPORT : 2022-23**





### ❖ **Special Achievement:**

#### **Mini Golf:**

**Pooja Dubey** of B.Com.II(H) has been selected in R.T.M.N.U. Mini Golf Team and participated in **All India Inter-University Mini Golf Championship** held at Jaipur organized by Suresh Gyan Vihar University from 01-03-2023 to 05-03-2023. Her team secured **Winner** position in Stroke event at **All India Inter-University Mini Golf Championship**.

### ❖ **COLOUR HOLDERS:**

Seven players got selected in Rashtrasant Tukdoji Maharaj Nagpur University Team with flying colours.

- **Volleyball:** **Achal Jaishankar Dani** of B.Com.I(F&A) has been selected in Rashtrasant Tukdoji Maharaj Nagpur University Volleyball Team and participated in **West Zone Inter-University Volleyball Championship** held at Amravati organized by Sant Gadgebaba Amravati University from 30-10-2022 to 04-11-2022. Her team secured **forth** position in West Zone and qualified for All India Inter-University Volleyball Tournament. She participated in **All India Inter-University Volleyball Tournament** held at Kottayam organized by Mahatma Gandhi University from 02-01-2023 to 06-01-2023.

- **Basketball:** **Namrata Desai** of B.Com.II(Hons.) has been selected in R.T.M.N.U. Basketball Team and participated in **West Zone Inter-University Basketball Championship** held at Indore organized by Shri Vaishnav Vidyapeeth Vishwavidyalaya from 08-11-2022 to 11-11-2022.

#### ➤ **Ball Badminton:**

- **Ayush Bhonde** of B.Com.II(F&A) has been selected in R.T.M.N.U. Ball Badminton Team and participated in **All India Inter University Ball Badminton Championship** held at Manglore organized by Manglore University from 13-01-2023 to 17-01-2023
- **Ashutosh Suthar** of B.C.C.A.II has been selected in R.T.M.N.U. Ball Badminton Team and participated in **All India Inter University Ball Badminton Championship** held at Manglore organized by Manglore University from 13-01-2023 to 17-01-2023

#### ➤ **Mini Golf**

**Pooja Dubey** of B.Com.II(H) has been selected in R.T.M.N.U. Mini Golf Team and participated in **All India Inter-University Mini Golf Championship** held at Jaipur organized by Suresh Gyan Vihar University from 01-03-2023 to 05-03-2023. Her team secured **Winner** position in Stroke event at **All India Inter-University Mini Golf Championship**.

#### ➤ **Woodball:**

- **Manisha Thakur** of B.Com.III(Honours) has been selected in R.T.M.N.U. Woodball Team and participated in **All India Inter-University Woodball Championship** held at Jaipur organized by Suresh Gyan Vihar University from 02-04-2023 to 06-04-2023. Her event was Stroke.
- **Ranu Shukla** of B.Com.II(E1) has been selected in R.T.M.N.U. Woodball Team and participated in **All India Inter-University Woodball Championship** held at Jaipur organized by Suresh Gyan Vihar University from 02-04-2023 to 06-04-2023. Her event was Stroke.

### ❖ **Ashwamedh Inter University Tournament**

- **Namrata Desai** of B.Com.II(Hons.) has been selected in R.T.M.N.U. Basketball Team and participated in **24<sup>th</sup> Maharashtra Ashwamedh Inter University Tournament** which was held at Aurangabad organized by Dr. Babasaheb Ambedkar Marathwada University, Aurangabad from 03-12-2022 to 07-12-2022.
- **Achal Dani** of B.Com.I(F&A) has been selected in R.T.M.N.U. Volleyball Team and secured **Runner-up** position in **24<sup>th</sup> Maharashtra Ashwamedh Inter University Tournament** which was held at Aurangabad organized by Dr. Babasaheb Ambedkar Marathwada University, Aurangabad from 03-12-2022 to 07-12-2022.

## ❖ Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Tournaments:

### ➤ Volleyball:

#### ● Runner-Up (Girls)

College Volleyball Girls team secured **Second** position in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Volleyball Championship, 2022-23 held at R.T.M.N.University Sports Complex, Nagpur  
Following are the names of team members:

| Sr. No. | Name                        | Class           |
|---------|-----------------------------|-----------------|
| 1.      | Sheetal Shankar Deharkar    | B.Com.III(F&A)  |
| 2.      | Divya Charandas Mamulkar    | M.Com.II(E)     |
| 3.      | Dimpal Vinod Pokale         | B.Com.I(M)      |
| 4.      | Achal Jaishankar Dani       | B.com.I(F&A)    |
| 5.      | Sakshi Ashok Bhagat         | B.com.I(E2)     |
| 6.      | M Riya M Venkata Ramudu     | B.com.I(E2)     |
| 7.      | Shreya Vilas Parate         | B.com.I(Hons)   |
| 8.      | Sakshi Santosh Mishra       | B.com.I(Hons)   |
| 9.      | Majiri Prashant Pawar       | B.com.I(E2)     |
| 10.     | Manisha Mangal Singh Thakur | B.Com.III(Hons) |
| 11.     | Akshata Laxman Tajane       | B.Com.III(F&A)  |
| 12.     | Lavina Suresh Kawadkar      | B.Com.III(Hons) |

### ➤ Ball Badminton:

#### ● Runner-Up (Boys)

College Ball Badminton Boys team secured **Second** position in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Ball Badminton Championship, 2022-23 held at R.T.M.N.University Sports Complex, Nagpur  
Following are the names of team members:

| Sr. | Name                     | Class          |
|-----|--------------------------|----------------|
| 1.  | Ayush Vijay Bhonde       | B.Com.II(F&A)  |
| 2.  | Shoeb Mobin Khan         | M.Com.II(E)    |
| 3.  | Himanshu Vinod Shahu     | M.Com.II(E)    |
| 4.  | Ashutosh Bhuralal Suthar | B.C.C.A.II     |
| 5.  | Aman Mohanlal Gupta      | B.Com.II(E1)   |
| 6.  | Abdulla Salim Khan       | B.Com.II(Hons) |
| 7.  | Atharva Anand Chavan     | B.C.C.A.II     |
| 8.  | Rushikesh Umrao Meshram  | B.Com.II(E2)   |
| 9.  | Vikram Purushottam Bonde | B.C.C.A.I      |

## ❖ Shiksha Mandal Sports Tournament:

College staff and students participated in Shiksha Mandals' Sports Tournament, 2022-23 held at G.S. College of Commerce, Wardha on 12<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> February 2023.  
Following are the achievements:

| Sr. No. | Name of the Game | Girls  | Boys   | Staff (Mix) |
|---------|------------------|--------|--------|-------------|
| 1.      | Ball Badminton   | -      | Winner | Winner      |
| 2.      | Badminton        | Winner | Runner | N.A         |
| 3.      | Chess            | N.A    | Winner | N.A         |
| 4.      | Cricket          | N.A    | N.A    | Winner      |
| 5.      | Table-Tennis     | N.A    | N.A    | Runner      |
| 6.      | Volleyball       | Runner | Runner | Runner      |

| Sr. No. | Name of The Trophy   | Staff  | Boys   |
|---------|----------------------|--------|--------|
| 1.      | General Championship | Winner | Winner |

#### ❖ **Maharashtra Mini Olympics Basketball Championship:**

**Namrata Desai** of B.Com.II(Hons.) is selected as a captain of Nagpur Basketball team and participated in Maharashtra Mini Olympics Basketball Championship held at Mumbai. Her team secured **Fourth** position.

#### ❖ **Khasdar Krida Mahotsav:**

- **Achal Dani** of B.Com.I(F&A) was selected in her club's Volleyball team and participated in Khasdar Krida Mahotsava Volleyball Tournament. Her team secured **First** position.
- **Namrata Desai** of B.Com.II(Hons.) was selected in her club's Basketball team and participated in Khasdar Krida Mahotsava Basketball Tournament. Her team secured **Second** position.
- **Pooja Dubey** of B.Com.II(H) was selected in her club's Softball team and participated in Khasdar Krida Mahotsava Softball Tournament. Her team secured **Second** position.
- **Pooja Dubey** of B.Com.II(H) was selected in her club's Mini Golf Mix-doubles-team and participated in Khasdar Krida Mahotsava Mini Golf Tournament. Her team secured **Third** position.
- **Pratik Tyagi**, B.Com.I(Hons.) was selected in his club's basketball team and participated in Khasdar Krida Mahotsava Basketball Tournament. His team secured **Third** position.

#### ❖ **DEPARTMENT ACTIVITIES:**

➤ **INTERNATIONAL YOGA DAY:** The Eighth International Yoga Day was observed on 21<sup>st</sup> June 2022 On this occasion, One week workshop on '**Pranayama- The Peace of Mind**' was conducted from 15<sup>th</sup> – 21<sup>st</sup> June 2022 every day at Bajaj Bhavan. Various pranayamas were demonstrated by Prof. Ashutosh Tiwari and all the teaching and non-teaching staff members performed the same. Every day the sessions were started with the Prayer, Warm-up-Asanas, Pranayama.

Former Principal Dr. N.Y. Khandait in his speech, appreciated all the staff members for their enthusiastic participation & involvement throughout the week. Dr. Ashwini Sakalkale and Prof. Ashutosh Tiwari, Directors, Department of Physical Education took efforts for smooth conduct of the workshop. Total 79 staff members were benefited throughout the workshop. 09 students of NCC attended the International Yoga Day programme on 21<sup>st</sup> June 2022.

➤ **NATIONAL SPORTS DAY:** Department celebrated **National Sports Day** on 29<sup>th</sup> August 2022. On this occasion, department conducted "Inter-Class Sports Quiz Team Competition" for the students. Sports quiz was designed on General Sports Quiz Knowledge. One team consisted of 2 students and total 25 teams took part in the quiz. The quiz was started with Preliminary Knock Out Round with live online Socrative application. Top 8 teams were selected for the final quiz. Final Quiz was conducted in different rounds viz; Crossword, MCQ-Mixed Sports Bag and Buzzer-Snap Round. Total 134 students were actively played throughout the quiz as some questions were specially designed for audience. 9 staff members were also attended the programme.

The winners were:

1st Place: Cash prize of Rs.1,200/ + College Sports Kit : B.Com.III(F&A)-Harsh Suryawanshi, & Vivek Tripathi

2nd Place: Cash prize of Rs.800/ + College Sports Kit: B.Com.I(F&A)- Mukund Lonare & Naman Singh

3rd Place: Cash prize of Rs.600/- + College Sports Kit B.Com.II(F&A)- Pawan Dewangan & Satyam Kanojiya,

Before starting the quiz, Officiating Principal Dr. Swati Kathaley and sports committee members offered garland and paid tribute to Major Dhyanchand. Dr. Ashwini H. Sakalkale designed and conducted the quiz. Prof. Ashutosh calculated the result of the quiz. Sports committee members Dr. Madhuri Purohit and Prof. Akash Jain handled the technical part.

➤ **INTER-CLASS COMPETITIONS:** Inter-class competitions were conducted by the Department for college students. Total 1372 students took part in the interclass sports competitions.

Following is the Gamewise list of winners and runners :

| Sr.No. | Games               | Winners         | Runner-up        | Second Runner-up |
|--------|---------------------|-----------------|------------------|------------------|
| 1      | Carrom (Mix)        | B.Com.III(E1)   | M.Com.II(H)      | B.C.C.A.I        |
| 2      | Chess (Mix)         | B.B.A. II       | B.C.C.A.I        | B.Com.II(E2)     |
| 3      | Cricket (Girls)     | B.Com.I(Hons.)  | B.Com.III(Hons.) | B.C.C.A.I        |
| 4      | Cricket (Boys)      | B.Com.III(E1)   | M.Com.II(E)      | B.C.C.A.II       |
| 5      | Sepak-Takraw (Boys) | B.Com.II(E2)    | B.Com.III(E2)    | B.Com.II(E1)     |
| 6      | Throwball (Girls)   | B.Com.III(F&A.) | B.Com.III(Hons.) | B.Com.II(Hons.)  |
| 7      | Tug-of-war (Girls)  | B.Com.I(E2)     | B.Com.III(F&A.)  | B.Com.II(F&A.)   |
| 8      | Tug-of-war (Boys)   | B.Com.I(E1)     | M.Com.II(H)      | B.Com.III(E2)    |
| 9      | Volleyball (Girls)  | B.Com.I(Hons.)  | B.Com.III(Hons.) | B.Com.I(F&A.)    |
| 10     | Volleyball (Boys)   | B.B.A. III      | B.C.C.A.I        | B.Com.II(E2)     |
| 11     | Tennikoit (Girls)   | M.Com.I(E)      | B.Com.II(Hons.)  | B.Com.III(Hons.) |
| 12     | Tennikoit (Boys)    | M.Com.II(E)     | B.C.C.A.II       | B.Com.II(E2)     |

This year special Gold & Silver Medals were designed with dyed college logo and given to the Winners and Runner-up teams.

- **PHYSICAL EFFICIENCY TEST :** Physical Efficiency Test for college students was conducted as per the schedule. Dr. Rahul Rode, Yashwantrao Gudadhe Patil Memorial College of Arts, Com. & Sci. Nagpur and Prof Nilima Waghmare, L.A.D. college, Nagpur were appointed as an External examiners for the same. Total 1612 students performed the tests and report was sent to the Director, Physical Education & Sports, R.T.M.Nagpur University.
- **MEDICAL EXAMINATION :** Medical Examination for college students was conducted as per schedule. Dr. Dande, Dande Hospital was appointed for the same. Total 1542 students were examined by the doctors and report was sent to the Medical Officer, R.T.M. Nagpur University.

## Department of Physical Education Colour Holders, 2022-23



**Ms. Pooja Dubey**  
**B.Com.II(H)**

Selected in R.T.M.N.U. Mini Golf Team &  
secured 1<sup>st</sup> position at All India Inter-University Championship



**Ms. Achal Dani**  
**B.Com.I(F&A)**  
Selected in R.T.M.N.U.  
Volleyball Team



**Ms. Namrata Desai**  
**B.Com.II(Honours)**  
Selected in R.T.M.N.U.  
Basketball Team



**Mr. Ashutosh Suthar**  
**B.C.C.A.II**  
Selected in R.T.M.N.U.  
Ball Badminton Team





**Mr. Ayush Bhonde**  
**B.Com.II(F&A)**  
Selected in R.T.M.N.U.  
Ball Badminton Team



**Ms. Manisha Thakur**  
**B.Com. III(Hons)**  
Selected in R.T.M.N.U.  
Woodball Team



**Ms. Ranu Shukla**  
**B.Com.II(E1)**  
Selected in R.T.M.N.U.  
Woodball Team



Pooja Dubey (sitting R-1) with R.T.M.N.U. Director, Sports & Physical Education posing with **Winner trophy** in **All India Inter University Minigolf Championship**



Achal Dani (sitting L-3) with R.T.M.N.U. Volleyball Team receiving **Runner-up trophy** in **24<sup>th</sup> Maharashtra Ashwamedh Inter University Tournament**





Namrata Desai (sitting L-3) of B.Com.II(Hons.) was selected in R.T.M.N.U. Basketball Team and participated in **24<sup>th</sup> Maharashtra Ashwamedh Inter University Tournament**



College Volleyball Girls team secured **Second** Place in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Volleyball Championship, 2022-23





College Ball Badminton Boys team secured **Second** Place in Rashtrasant Tukdoji Maharaj Nagpur University Inter-Collegiate Ball Badminton Championship, 2022-23



Namrata Desai (Standing R-3) of B.Com.II(Hons.) was selected as a captain of Nagpur District Basketball team and her team secured **Forth** position in Maharashtra Mini Olympics Basketball Championship held at Mumbai.





**Achal Dani** (Sitting R-4) of of B.Com.I(F&A) was selected in her club's Volleyball team and her team secured **First** position in Khasdaar Krida Mahotsava Volleyball Tournament.



**Namrata Desai** (R-4) of B.Com.II(Hons.) was selected in her club's Basketball team and secured **Second** position in Khasdaar Krida Mahotsava Basketball Tournament





Pooja Dubey (Standing R-1) of B.Com.II(H) was selected in her club's Softball team and secured **Second** position in Khasdaar Krida Mahotsava Softball Tournament



Pratik Tyagi (Sitting R-3) of B.Com.I(Hons.) is selected in his club's Basketball team and secured **Third** position in Khasdaar Krida Mahotsava Basketball Tournament





# Physical Education Department Activities:

1. One week workshop on 'Pranayama- The Peace of Mind' on the occasion of observation of "INTERNATIONAL YOGA DAY" on 21<sup>st</sup> June 2022



2. Celebration of NATIONAL SPORTS DAY on 29<sup>th</sup> August 2022





### 3. Medical Examination:



### 4. Physical Efficiency Test:



## 5. Interclass Competitions:

### Chess (Mix) Inter-class Competition



### Carom (Girls) Inter-class Final Match





### Tennikoit (Boys) Inter-class Final Match



### Tennikoit (Girls) Inter-class Final Match





### Speak Takraw (Boys) Inter-class Final Match



### Throwball (Girls) Inter-class Final Match





## Volleyball (Boys) Inter-class Match



## Volleyball (Girls) Inter-class Final Match





## Tennis-ball Cricket (Boys) Inter-class Final Match



## Tennis-ball Cricket (Girls) Inter-class Final Match





Tug-of-war (Boys) Inter-class Final competition



Tug-of-war (Girls) Inter-class Final Match

